

**Fall 2016 O'Malley Elementary Cross Country Running and Soccer Program**

**WHO:** ALL STUDENTS of any athletic ability in grades 1-6 may participate. We will need approximately 20 adults each day to make this program work.

**HERE IS HOW THIS WORKS:**

The program will run from August 30<sup>th</sup> –September 29<sup>th</sup> from 3:30 to 4:30 pm on **TUESDAYS AND THURSDAYS**. Grades 4-6 will run on Tuesdays and have soccer on Thursdays, while Grades 1-3 have soccer on Tuesdays and run on Thursdays.

**Where:** We will meet on the O'Malley Field for attendance, go outside for either soccer activities/games on the O'Malley field or trail running at Forsythe Park, then meet back on the O'Malley field for snack. Pick up is at the ice-rink drive around area at 4:30 pm.

**COST:** The cost for each student is \$20, and checks need to be made out to O'Malley PTA. There is no charge after 2 children per family. Each student must also have this PERMISSION SLIP signed by a parent/guardian in order to participate. There will be NO exceptions. We will also be ordering green O'Malley Running Club T-shirts for an extra \$12. Please return permission slip to the PTA drop box located near the office, with any checks made out to O'Malley PTA.

**PARENT VOLUNTEERS:**

We need you to help with the soccer activities and/or run with the students. You may either call Jan Konkler at 440-0513 or e-mail her at Konkler\_Jan@asdk12.org.

**DUE TO THE ASD ADULT TO CHILD RATIO, THERE MUST BE 1 ADULT FOR EVERY 5 STUDENTS RUNNING OFF SCHOOL GROUNDS AT FORSYTHE PARK. WITHOUT THIS RATIO WE WILL HAVE TO RUN AROUND THE SCHOOL.**

Tear off and return the bottom of this form

**Permission Slip**

Name of Participant	Emergency Phone #	Grade	male/female
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

I would like \_\_\_\_\_ green O'Malley Running Club T-shirts for my child(ren) for an extra \$12 each.  
How many?

Total of program and T-shirts is \_\_\_\_\_

Please check the appropriate line:

- I will be attending the program with my student on these dates: \_\_\_\_\_
- My child has permission to walk home.
- My child will be picked up at the school by 4:30 pm.
- My child will return to the Campfire program at O'Malley.

\*\*\*\*\*Please Sign Waiver Below\*\*\*\*\*

Anchorage School District Waiver

I, named above, as parent or legal guardian of a participant in an after school activity sponsored by, or in conjunction with, the Anchorage School District, 2016-2017 school year, recognize that some of the physical activities have risks and injuries associated with participation, including but not limited to those of bodily injury, partial or total disability, paralysis and damage. I, named above, for myself, my heirs, administrators, executors and assignees, hereby waive, release, discharge, covenant and agree that I will never institute any demand, claim, or suit against the Anchorage school district and/or their employees, agents and volunteers for